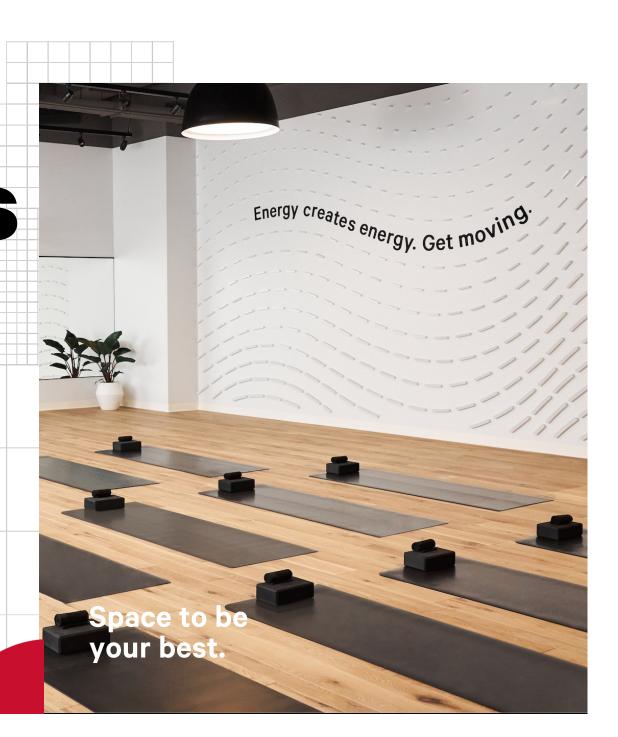
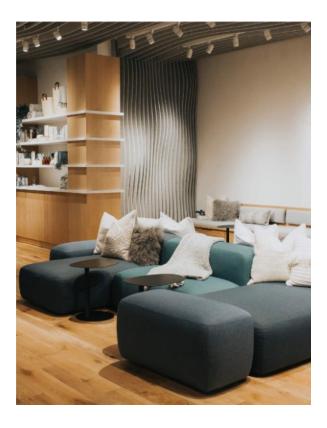
Rent this Space.

YOUR GUESTS. OUR SPACE. SO MANY WAYS TO MOVE, GROW, AND CONNECT.





▲ The Grow Room.

The Grow Room features a sauna and cold tub spa, on demand digital meditation sessions, a projector and state of the art sound system.

MOVE.

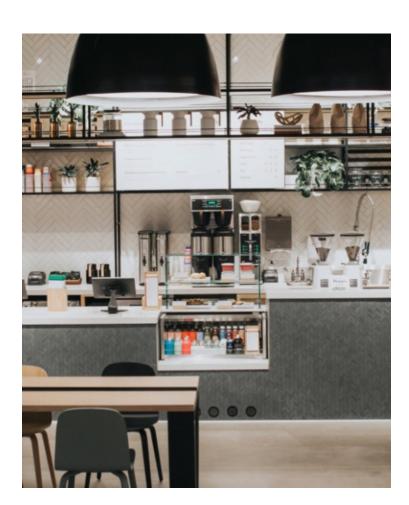
Push past boundaries, build strength, and get grounded. Our studios are great for team-building sessions, showing off your skills as an instructor, or hosting a dance party celebration. We've got everything you need for yoga, HIIT, strength training, barre, and more.

GROW.

Lead conversation or work on mindfulness in a space that's both intimate and energizing. Our space is ideal for collaborating with your team, creating plans, meditating together, or holding a group offsite.

▼ Fuel Café.

Our Fuel Café offers a wide variety of food, snacks and drinks.





▲ Connect.

With seating for up to 40, there's plenty of space for dining and connection.

CONNECT.

Dedicated to bringing people and ideas together? Us too.
Host receptions, dinners, and gatherings that feed your guests, body and soul. Talk to us about customizing a food and drink menu through our Fuel Space kitchen, work with a preferred caterer, and set the scene for connection.

The Goods

Available upon request with your rental or private event along with one lululemon employee on site.

For additional support and event add on's, see Sweatlife Packages page.

Capacity

Studio

Train class: 40 Yoga class: 50

Seated lecture/Standing reception: 80 Seated dinner: 50

1,224 SF

Grow Room

Train classes: 15 Yoga class: 25 Seated lecture/Standing

reception: 60 Seated dinner: 40

607 SF

Studio Equipment

Yoga mats, blocks, towels, and blankets Dumbbells from 3-65lbs Kettlebells Slam balls and gliders

Foam rollers Meditation cushions

Dinnerware

Large and small plates Bowls

Serving platters Red and white wine

glasses

Champagne flutes

Short and tall tumblers

Cutlery

Cloth napkins High Top Tables: 5 Harvest tables: 2

6 ft tables: 5

Technology

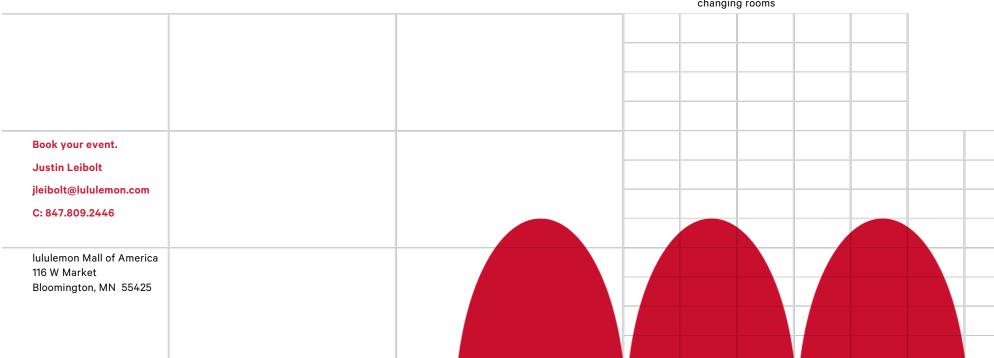
Bluetooth audio/AUX Projector with HDMI

hook-up

Handheld and headset mic

Accessibility

ADA Compliant showers and changing rooms



Sweatlife Packages

Choose from a variety of unique event options to make your experience extra special.

From intimate gatherings to large conferences, our sweatlife packages have you covered both virtually and IRL.

Connect with our experienced events team to learn more.

Sweat

Curated all levels fitness classes in several disciplines Options to have customizable music to class offerings Option to project customizable videos during experience Locker room amenities.

Connect

Wellbeing and beauty activations: ear piercing, express manicure, facials, Tarot readings, chair massage, etc Performances: comedy, live music, live painting, Curated talks with authors, keynote speakers Chef and cocktail demos Custom Fuel kits

Photoshoot and photography service

Private Shop: Custom group shopping experience

Grow

Guided meditation Sound bath Breathwork Journaling

Personal and Business Development Workshops

Purpose, Values and Goals

Understand what's guiding your moment-to-moment decisions and learn to write habit-forming goals.

Resiliency Training

Releasing Tension & Practicing Gratitude: Learn about the benefits of releasing stress in the body and accessing positive emotion.

Strength Finder

Leading from your strengths

